

# Eboracum Choral Series

General Editor: Francis Jackson

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S.A.T.B.

ECS 477

for the Leicester, Lincolnshire and the Secondary Schools of City and County

# PREVIEW ONLY

## HEALTHY EATING

Words and Music by  
Andrew Carter

*Giocoso* ♩ = 90

Soprano (S) and Alto (A) staves: *mf*

Tenor (T) and Bass (B) staves: *mf*

Piano: *poco f*

1. When it

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5

(1.) comes to health - y eat - ing and the joy of keep - ing fit There's a  
(2.) on a sea - side out - ing and re - turn - ing to the coast There is

Piano: *mf*, *sim.*, *con Ped.*

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First performed on Saturday 17 January 2004 in the De Montfort Hall Leicester. Conductor: Jonathan Tilbrook

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9

bite that takes com - bat - ing or the fash - ion - con - scious Brit. It's con -  
 pre - ciou - s it's the dou - bting what the pun - ters want the most: They are

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13

- si - dered sta - ple di - et ov - er ma - ny Eng - lish  
 plan - ning on a pit - stop in that sleep - y mar - ket

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16

v.2

miles, And ev - 'ry night they fry it all a -  
 town, And the tip - top lit - tle chip - shop where the

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\* first time only.

Maestoso

v.2

CHORUS **A** A tempo  
S.A.

19

*f* -round the British Isles Fish 'n chips,  
chips are sold in every town.

T.B.

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23

Unison voices

Red.

fish 'n chips, What a wond - er - ful taste on the lips.

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29

Fish 'n chips, fish 'n chips, Guar - an - teed for

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35

*mf*

slim - ming the hips. Af - ter two or three pints of your lo - cal best

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*mf*  
**Music**  
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41 *mf cresc.*

bit-ter There's nothing a food and there's nothing to bet-ter A fresh had-dock

*mf cresc.*

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47 *f*

fil-let that's deep fried in bat-ter, with chips, chips, chips.

*f*

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53

1. *mf*

Fish 'n chips

2. When you're *mf*

Fish 'n chips.

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1.

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**B** S.A.  
*poco f*

58 | 2.

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3. Now you'll

2.

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*mf*

LH

64

ne - ver taste po - ta - ters like the ones at our chip - chip-py;—

T.B.  
*poco f*

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French

68

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*mf* molto legato

When you  
*mf* molto legato

fries don't have the sta - tus; what we like is more drip - drip - py. When you



72

eat them with your fin-ers with your nose right in the va - pour,

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76

Tempo rubato  
*mp legato*

Oh it ling-ers and it ming-les with the news-print on the pa-per.

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A tempo  
CHORUS 3

81

*f* Unison voices

Fish 'n chips, fish 'n chips, What a wond - er-ful

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87

taste on the lips. *P*el'm fish, fish 'n chips,

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93

Guar - tee for slim - ming the hips. Af - ter

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98

two or three pints of your lo - cal best bit - ter There's noth - ing as

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103

good and there's noth - ing to bet - ter A fresh had - dock fil - let that's

*mf cresc.*

*mf cresc.*

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108

*f*

deep fried in bat - ter, with chip chips.

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113

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Fish 'n chips. \_\_\_\_\_ *mf*

4. There are *mf*

Fish 'n chips. \_\_\_\_\_ *mf*

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118

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those that m - use niz - zas, pick - led on - ions, mush - y peas, But the

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Molto rit.

A tempo

122

point of it de-feat-us: They will die of heart-di-sease. So we'll

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Musical notation for the first system, including vocal line and piano accompaniment.

Musical notation for the second system, including piano accompaniment.

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126

stick with our con-vict-ion that the Lord will do no harm And our vi-ne-gar ad-

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Musical notation for the third system, including vocal line and piano accompaniment.

Musical notation for the fourth system, including piano accompaniment.

131

CHORUS 4

S.A. mf

-dic-tion: keeps run-ning down our arm. Fish 'n

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Musical notation for the fifth system, including vocal line and piano accompaniment.

Musical notation for the sixth system, including piano accompaniment.

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135

chips, fish 'n chips, What a won - der - ful taste on the

T.B.

Fish 'n chips, fish 'n chips, What a won - der - ful

*mf*

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141

lips. Fish 'n chips, fish 'n

taste on lips fish 'n chips fish 'n chips,

*cresc.*

*cresc.*

*cresc.*

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146

chips, Guar - an - teed for slim - ming the hips.

Guar - an - teed for slim - ming the hips. Af - ter

*f*

*f* *mf*

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151

*mf*

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There's noth - ing as good and there's

two or three pints of your lo - cal best bit - ter

*mf*

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157

*cresc.*

noth - ing to bet - ter A fresh had - dock fil - let that's deep fried in

*cresc.*

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*cresc.*

162

*f* bat - ter, with chips, chips, chips.

S.A.\*

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Whistle

*f* bat - ter with chips, chips, chips.

T.B.\*

Whistle

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*mf*

\* or two other equal groups

168

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whistle\_

whistle\_

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174

**D**

T.B. (unison) *mf*

5. There's a thrill that al - ways grips you when you're stand - ing in the

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*mp*

178

*S. mf amoroso*

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And to steer to fish and chips you will for ev - er - more be true; For they

*mf molto legato (churchy)*

queue.

*mf molto legato (churchy)*

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Rall.

Lento

183

bring you close to heaven the ... the ... line.

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Tempo I

188

*f subito*

(spoken) HEY! They're clos - ing at e - le - ven, Let's go round a se - cond

*f subito*

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*mf*

*f*

192

CHORUS 5

S.A.

time!

Fish 'n chips,

fish 'n

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T.B.

Fish 'n chips,

fish 'n chips,

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197

chips, What a wond - er - ful taste on the lips. B.\*

What a wond - er - ful taste on the lips. The

202 *Con moto*  
(B.)

1. \* A.\*

(8) 1st best are in Lei-cester 'n Lough-b'ro 'n Lut-ter-worth; And Thur-mas-ton, Thur-cas-ton,  
2nd not bad in Coal-ville, 'n old Ash-by Fol - ville; And Kil-by 'n Kil-worth 'n

208

1. \* A.\*

(8) Thur - las - ton, Thed - ding-worth; And Mel - ton 'n Hough-ton 'n Bel - ton 'n  
Keg-worth 'n Kib - worth: And Wigs - ton 'n Oad - by 'n Gum - ley 'n

213

S.\* B.\*

Stough-ton; And Roth-ley 'n Rears-by 'n Sharn-ford 'n Shears-by; They're  
Goad-by; And Arnes-by 'n Ayle-stone 'n Nose-ley 'n Nail-stone; †

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\* or divided otherwise. Choirs may wish to substitute their own list of chip shops for these Leicestershire establishments!

218 S.A.

Horn - ing - hold, Har - bo - rof New - bl and Nar - so - ro; Sto - ney

T.B.

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Piano accompaniment for measures 218-222, featuring chords and melodic lines in both treble and bass clefs.

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223

Stan - ton and up to Nan - pan - ton; Hath - ern and Stath - ern,

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Piano accompaniment for measures 223-227, featuring chords and melodic lines in both treble and bass clefs.

228

Knap - toft 'n Scrap - toft, And the scraps are free - bie in Bee - by,

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Piano accompaniment for measures 228-232, featuring chords and melodic lines in both treble and bass clefs.

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233

And just may in Bla - by

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*f*

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237

*Senza rall. fine  
cresc. al fine*

with yer chips, fish 'n chips, fish 'n chips, fish 'n

*cresc. al fine*

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*cresc. al fine*

241

chips, fish n chips.

*ff*

**PREVIEW ONLY**

*ff*

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*Ped.*